

Parenting Children & Adolescents

with Julie Lowe

Saturday, January 27, 2024

Springton Lake Presbyterian Church
Fellowship Hall

8:30-12:00 p.m.

Light continental breakfast from 8:30 - 9:00 a.m.

Two sessions and Q & A

Cost: \$5 per person

Childcare provided: Nursery - Grade 2



Register with the QR Code,
or at slpca.org

Session 1: Helping Your Anxious Child: Children are wrestling with anxiety more than ever before. Do I understand the struggle? What can I do to help?

Session 2: Safety in Technology: How can young people mature in a world driven by technology? How do we keep them safe and equip them to steward technology well?



Julie Lowe is an author, speaker and counselor. She holds an MA in Counseling from Biblical Theological Seminary, is a licensed professional counselor with over twenty-five years of counseling experience, and is a registered play therapist supervisor. Julie served as a faculty member at the Christian Counseling & Educational Foundation (CCEF) for over 20 years.

Julie has extensive experience teaching, speaking, and consulting with churches, schools, and other organizations nationally. She speaks on marriage, sexual abuse, body image, parenting, and adoption, to name a few regular topics.

She has authored several books. Julie and her husband, Greg, live in the Philadelphia area and have five children. They have served over 20 years as foster and adoptive parents.